



Estcourt Primary Academy

POLICY DOCUMENT



POLICY TITLE	Physical Education
RESPONSIBLE COMMITTEE	Curriculum Committee
RATIONALE	<ul style="list-style-type: none"> To provide a high quality physical education curriculum that inspires the pupils to succeed and excel in competitive sport and other physically demanding activities.
PURPOSES	<ul style="list-style-type: none"> To ensure pupils excel in a broad range of activities To ensure pupils are physically active for a sustained period of time To ensure pupils develop positive attitudes to lead healthy and active lives
GUIDELINES	<ul style="list-style-type: none"> Pupils should receive 2 lessons of PE a week. Planning should follow the school teaching and learning policy, using the Chris Quigley materials. Val Saben materials are also available to supplement planning. PE lessons should follow a 4 part lesson. 1) Warm Up 2) Skill Development 3) Opportunities to apply skills individually, in pairs or in game situations. Games should be a maximum of 3 v 3 4) Cool Down. ICT should be used to enable pupils to self and peer assess their work. Coaches EYE app is recommended. Pupils should have the opportunity to plan, perform and evaluate. <p><u>P.E. Kit</u></p> <ul style="list-style-type: none"> P.E. kit will be provided by the academy, all pupils must wear the provided kit Pupils should provide their own outdoor kit to protect against the weather Staff should wear appropriate clothing <p><u>Health and Safety</u></p> <ul style="list-style-type: none"> Safety in PE is paramount Indoor PE is always completed in bare feet All jewellery is to be removed for all PE lessons When using equipment in gymnastics, MATs are to be used as designated landing areas. Two children should carry small pieces of apparatus and four children larger pieces. Children should communicate the lifting the apparatus by all saying 1,2,3 lift, ensuring they bend their knees and 1,2,3 down to put the apparatus down. The Academy will use the AfPE safe practices in PE guidelines. The coordinator will ensure all staff are kept up to date with any changes to health and safety. <p><u>Swimming</u></p> <ul style="list-style-type: none"> Will be delivered to pupils in Key Stage 2.
FURTHER DETAILS CONTAINED IN DOCUMENTS	Teaching and Learning Policy

DATE APPROVED: SEPTEMBER 2015	NEXT REVIEW DATE (every two years)

Reference Number:	PE-10
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